



## **Key Verse**

For by the grace given me I say to every one of you: **Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment**, in accordance with the faith God has distributed to each of you. Romans 12:3 NIV

The Greek word used here for sober is

σωφρονέω - so-fron-eh'-o

It means to be in sound mind or in our right mind. To think correctly.



## 1. You were created in God's image

So God created man in his own image, in the image of God he created him; male and female he created them. (Genesis 1:27)

Being made in God's image has three main ideas

- 1. Structural
- 2. Vocational
- 3. Relational

As Christ followers we need to remember that God's DNA is stamped on us.



## 2. You were chosen before the foundation of the world

For he chose us in him before the creation of the world to be holy and blameless in his sight. In love He predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will—
(Ephesians 1:4-5)

God chose us before the creation us the world. What did He choose us for? To be holy and blameless in His sight. Why? Because that would give Him pleasure!



## 3. You were created for good works

For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)

We are created by God for good works that He planned for us before He made the world. You were on His mind and He had a job for you to do.



## 4. You were adopted as a child of God

Yet to all who received him [Jesus], to those who believed in his name, he gave the right to become children of God— (John 1:12)

We are God's children. Adopted into His eternal family because our faith and trust in Jesus Christ as our Lord and Saviour. We are co-heirs with Christ.



# 5. You have the power of the resurrection inside you

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you. (Romans 8:11)

Not only are we God's children and made in God's image, but we have God's Holy Spirit living inside us.

We have resurrection power living in us. The Bible also tells us that we are a Temple of the Holy Spirit. God's Spirit resides in you (1 Corinthians 6:19).



## 6. You are no longer condemned

Therefore, there is now no condemnation for those who are in Christ Jesus (Romans 8:1)

God tells us in the Bible there is no condemnation for those who are in Christ Jesus. None at all. We can't let other people make us feel condemned, we can't even condemn ourselves. We are free.



#### 7. You are seated with Christ

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. (Ephesians 2:4-7)

When Jesus returned to heaven He took up the highest place in the universe – seated at the right hand of the Father. These verses tell us that spiritually we are seated right there with Christ.



## 8. God created you in your mother's womb

For you created my inmost being; you knit me together in my mother's womb. (Psalm 139:13).

This is David praying/talking to God. David realised the special role God played in creating him. He knit him together in his mother's womb. The potter moulded and shaped him into a future king.



## 9. God loved you and sent His Son for you

This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. (1 John 4:9-10)

God loved you so much that He couldn't bear for you to miss out on heaven and eternity with Him. He sent Jesus to die for you. Jesus gave His life for you.



#### 10. You are free in Christ

So if the Son sets you free, you will be free indeed. (John 8:36)

If you are in Christ, you are free. Free of worry about salvation, free of worry about the future, free of the past, free of sin, free of guilt, free of condemnation, free of striving to be accepted, free of the need to know if God loves you or not. He loves you and accepts you.



## Closing

Today we have looked at 10 passages that tell us who we are and what we have in Christ. And this is only just scratching the surface of the amount of passages in the Bible that tell us how important to and how loved we are by God.

When we fully believe these verses it changes our hearts and minds forever and it truly changes the way we live. We can stand taller and we can be confident in taking on the world knowing that God loves us, is with us and is on our side.



## **Summary**

- 1. You are made in God's image
- 2. You were chosen before the world was made
- 3. You were created and equipped for good works
- 4. You are adopted into His family
- 5. You have the Holy Spirit living inside you
- 6. You are no longer condemned
- 7. You are seated with Christ
- 8. You were knit together in your mother's womb
- 9. You are truly loved by God
- 10. You are free in Christ. Free from everything that would hold you back.